

**Player Contract for ISC Crew  
Season: August 1, 2006-July 2007  
Page 1-Revised August 9, 2006**

**Player's Name** \_\_\_\_\_

In order to maintain a roster spot on the Crew team for the 2006-2007 season, players will first try out for the team and if selected they must agree to follow all of the provisions of the player contract. Once players have signed this contract they are also financially obligated to pay all fees for the 2006-2007 season. If players do not meet the requirements below they will be removed from the Unified Program. If players leave the team any time during the 2006-2007 season, they will be expected to pay the remainder of the balance owed to the club.

**ISC Crew Mandatory Preseason Training Requirements Fall 2006**

August 1<sup>st</sup> – August 12<sup>th</sup>

- August 1<sup>st</sup> – 5<sup>th</sup> **Regular Preseason Training-Week #1**
  - Practices held at HRF and Willow Creek Park
  - All Crew players must complete five practices during this first week.
  - At the end of this first week, players must turn in practice counts to their team coach. If, after week #1, the Crew players, have not completed 5 practices, they must make up these sessions and discuss their plan to make up their sessions with Jon Cook.
  - Players have August 6<sup>th</sup> off.
- August 7<sup>th</sup> – 10<sup>th</sup> **Regular Preseason Training-Week #2**
  - Early Morning @ HRF
  - Players need to attend four practices from August 7-10<sup>th</sup>.
  - On August 10<sup>th</sup>, players must turn in practice counts to Jon Cook. If, after week #2, the Crew players, have not completed the set number of practices, they must make up these sessions and discuss their plan to make up their sessions with Jon Cook.
- August 11<sup>th</sup> **Testing and Competition Day-Mandatory**
  - Players must discuss a plan to make up the testing if they are unable to attend.
- August 12<sup>th</sup> **Testing and Competition Day-Mandatory**
  - Players must discuss a plan to make up the testing if they are unable to attend.
- August 13<sup>th</sup> Optional 1v1 Tournament for Crew, Fury, Invasion and Thunder Players
- August 13<sup>th</sup>-Optional –Intra-Club Scrimmages

**ISC Crew Pre-Season 2006-2007 Summary**

- Players need to complete 9 practices.
- Players need to complete two days of testing.

## **Main Season #1: Training Requirements for the ISC Crew: Fall 2006**

Please check the appropriate box below:

- The Fall 2006 season is my primary season.
- The Fall 2006 season is my secondary season.

In order to remain in good standing on the Crew team, each player must follow the requirements listed below that apply.

- Begins the week of August 14<sup>th</sup> – 18<sup>th</sup>
- Ends the week of November 6<sup>th</sup> – 10<sup>th</sup>
- Last Fall competition weekend November 11<sup>th</sup> & 12<sup>th</sup>
- Main season #1 = 13 weeks
- 39 total team training sessions offered in Main season #1
- Must attend 39 training sessions if this is your primary season
- Must attend 13 training sessions if this is your secondary season
- All players must turn in practice counts to Jon Cook each week.
- All Crew players who miss any of their required practices during the Fall 2006 season, must discuss their plan to make-up practices with Jon Cook. If Jon does not feel that the player is making a good faith effort to make up practices, he will remove the player in question from the Unified Program. Jon will consider all extenuating circumstances, such as major illness, injury, death in the family, or family crisis.

\*Fall Season 2006 Summary:

If you declare the Fall season as your primary season, then you must attend three practices per week beginning August 14<sup>th</sup>, 2006. The Fall Season will be 13 weeks long.

## **Main Season #1: Competition and Game Attendance Requirements for the ISC Crew: Fall 2006**

- Must attend all Fall 2006 state cup games. If you sign this contract and subsequently miss a State Cup game without prior permission from the ISC Director of Coaching, you will be dropped from the Unified Program. **The Fall 2006 Iowa State Cup dates that Crew players MUST leave open are: October 8 and October 14-15, 2006. The State Cup is the only mandatory tournament for the ISC Crew players for the 2006-2007 season.**
- You must play in all Sunday league and friendly games that you have been assigned to play in during the 2006 fall season. This includes IPSL League games, Friendly games, or MRL games. You are allowed one Sunday to take off for any reason that you choose during the fall 2006 season. Moreover, since the Crew team has more than 18 players on the roster for the 2006-2007 season, you may have other weekends off depending on the game assignments given to you by Jon Cook. If you choose to use your option to take a day off from a fall league game that you have been assigned to play in, you must notify the Crew Parent Manager, Becky Krob, 48 hours in advance of the game day. If you do not follow these rules, Jon will remove the player in question from the Unified Program.

There will be exceptions made for major illness, injury, death in the family, family crisis, or at the discretion of the ISC Crew Head Coach, Jon Cook.

- Except for the Fall ISA State Cup, all other Fall 2006 Crew tournaments are optional. However, if players agree to play in a Fall 2006 tournament with the Crew and then back out of their commitment to play in the tournament, the player will be fined \$100.00. Therefore, it is critical that you check all of your other commitments before agreeing to play with the Crew for any tournament. If the fine is not paid within 30 days, the player will be dropped from the ISC Unified Program. If you can prove that you or a family member is dealing with a major illness, injury, or there is a death in the family or family crisis, you will not be fined. Please note that the fee will be applied to the ISC Scholarship fund.

### **Main Season #2: Training Requirements for the ISC Crew: Winter 2006-2007**

Please check the appropriate box below:

- The Winter 2006-2007 season is my primary season.
- The Winter 2006-2007 season is my secondary season.

- Begins the week of November 27<sup>th</sup> – December 2<sup>nd</sup>
- Winter Break December 18<sup>th</sup> – January 5<sup>th</sup> (3 weeks off)
- Season resumes on January 3<sup>rd</sup>
- Season ends the week of March 5<sup>th</sup> – 9<sup>th</sup>
- Main Season #2 = 13 weeks
- 39 total team training sessions offered in Main season #1
- Must attend 39 if this is your primary season
- Must attend 13 if this is your secondary season
- All players must turn in practice counts to Jon Cook each week.
- All Crew players who miss any of their required practices during the Winter 2006-2007 season, must discuss their plan to make-up practices with Jon Cook. If Jon does not feel that the player is making a good faith effort to make up practices, he will remove the player in question from the Unified Program. Jon will consider all extenuating circumstances, such as major illness, injury, death in the family, or family crisis.

\*\*If you declare the Winter season as your primary season, then you must attend three practices per week beginning November 27<sup>th</sup>, 2006.

### **Main Season #2: Competition and Game Attendance Requirements for the ISC Crew: Winter 2006-2007 Season**

- All winter league games are optional. We plan to have the Crew play in indoor league games, but all events are optional for the Winter.
- The Crew will play tournaments in the winter of 2006- 2007, but all tournaments are optional. However, if players agree to play in a winter tournament with the Crew and then back out of their commitment to play in the tournament, the player will be fined

\$100.00. Therefore, it is critical that you check all of your other commitments before agreeing to play with the Crew for any tournament. If the fine is not paid within 30 days, the player will be dropped from the ISC Unified Program. If you can prove that you or a family member is dealing with a major illness, injury, or there is a death in the family or family crisis, you will not be fined. Please note that the fee will be applied to the ISC Scholarship fund.

## **ISC Crew Mandatory Post-Season Training Requirements Summer 2007**

- June 11<sup>th</sup>-June 29<sup>th</sup>
- Begins the week of June 11, 2007
- Ends the week of June 25, 2007
- Must attend 3 sessions each week
- All players must turn in practice counts to Jon Cook at the end of each of these three weeks.
- All Crew players who miss any of their required practices during the Summer 2007 season, must discuss their plan to make-up practices with Jon Cook. If Jon does not feel that the player is making a good faith effort to make up practices, he will remove the player in question from the Unified Program and the player will not be allowed to return to the program for the next year. If the player in question is a senior, he will not be given ISC Alumni status. Jon will consider all extenuating circumstances, such as major illness, injury, death in the family, or family crisis.
- Total of 9 sessions

## **ISC Crew Mandatory Post-Season Game Attendance Requirements Summer 2007**

- All summer tournaments are optional. The Crew will play tournaments in the summer of 2007, but all tournaments are optional. However, if players agree to play in a summer tournament with the Crew and then back out of their commitment to play in the tournament, the player will be fined \$100.00. Therefore, it is critical that you check all of your other commitments before agreeing to play with the Crew for any tournament. If the fine is not paid within 30 days, the player will be dropped from the ISC Unified Program. If you can prove that you or a family member is dealing with a major illness, injury, or there is a death in the family or family crisis, you will not be fined. Please note that the fee will be applied to the ISC Scholarship fund.

## **ISC Crew Contract Summary for the 2006-2007 Season:**

- Must attend all Fall 2006 ISA State Cup games. If you sign this contract and subsequently miss a State Cup game without prior permission from the ISC Crew Head Coach, Jon Cook, you will be dropped from the Unified Program. **The Fall 2006 Iowa State Cup dates are: October 8 and October 14-15, 2006.**
- Must attend all 11, August 2006, preseason sessions.
- Must train three times per week in your primary season.
- Must train one time per week in your secondary season.
- Must attend all 9, May 2007, postseason sessions.
- You must play in all Sunday league and friendly games that you have been assigned to play in during the 2006 fall season. This includes IPSL League games, friendly games,

or MRL games. You are allowed one Sunday to take off for any reason that you choose during the fall 2006 season. Moreover, since the Crew team has more than 18 players on the roster, you may have other weekends off depending on the game assignments given to you by Jon Cook. If you choose to use your option to take a day off from a fall league game that you have been assigned to play in, you must notify the Crew Parent Manager, Becky Krob, 48 hours in advance of the game day. If you do not follow these rules, Jon will remove the player in question from the Unified Program. There will be exceptions made for major illness, injury, death in the family, family crisis, or at the discretion of the Crew Head Coach, Jon Cook.

- Your total training sessions for the year must be 72 Sessions
- You must participate in all 4 seasons (preseason, main season #1, main season #2, and postseason)

Player and Parent Signature Waiver

All 5 pages of this contract must be turned in to Jon Cook. Parent and player signatures are required.

I \_\_\_\_\_ agree to abide by all provisions of this contract. I understand that failure to comply with the rules of the player contract for the ISC Crew team for the 2006-2007 season may result in expulsion from the ISC Unified Program.

Signature\_\_\_\_\_

Date\_\_\_\_\_

Parent's Signature\_\_\_\_\_