



ISC Player Commitment Expectations for Advanced Level Players

2011-2012 Season

The expectations below apply only to the U9-U14 ISC Year Round Players in our Advanced Level Programs

Background:

The ISC supports and encourages all of our U9-U14 players to be active in other sports, activities, and organizations. We do our best to offer our year round programs in such a way that all of our year round players on the U9-U14 teams have the flexibility to pursue the other activities that they want to be involved with even as our program runs throughout most of the year. We do, however, have some minimal expectations that we require all of our year round players to commit to in order to maintain their position on their team.

The commitment rules were put in place to ensure that our teams can field players for the events that we participate in throughout the year. Just as importantly, it is imperative that all of our players in the U9-U14 age groups meet some basic standards of commitment if we are to meet our player development goals for all of the year round players. We take great pride in doing our best to help all of our players in the year round program reach their soccer potential. However, given our club structure, we cannot help every player maximize their potential unless every player in our year round program makes the commitment to the standards we have outlined in this document. For our player developmental system to function properly, the players need to be on the same commitment track.

If you make a commitment to our program by following the rules below, we will provide playing time guarantees for all players in the age groups from U9-U14 for all league games and tournament games. Furthermore, if you can meet the basic standards of commitment, we feel that we can do our very best to help you reach your soccer potential. The ISC Advanced Level Program is open to all players of all ability levels and we make a point of finding a place for all players. All we ask is that all players in the U9-U14 year round advanced level program commit to the standards that we feel must be met in order for the ISC to be successful in mixing players of different ability levels on the teams in our advanced level programs that run year round.

Tournament Attendance for all U9-U14 ISC Year Round Players:

Fall Season:

All players must commit to at least **1 full weekend tournament in the fall season**. This means that the player must be in attendance for all games of the tournament. The fall season begins in August and ends in early November. A complete schedule of fall 2011 tournaments for each age group for U9-U14 teams can be found at the end of this document. This schedule may be subject to some revision.

Winter Season:

All players must commit to at least **1 full weekend tournament in the winter season**. This means that the player must be in attendance for all games of the tournament. The winter season begins in mid November and ends in mid March. A complete schedule of winter 2011 tournaments is distributed to the membership at some time during the fall season.

Spring/Summer Season:

All players must to commit to at least **2 full weekend tournaments in the spring/summer season**. This means that the player must be in attendance for all games of 2 spring/summer 2012 tournaments. The spring/summer season begins in April and ends mid July. A complete schedule of spring/summer 2012 tournaments for each age group for U9-U14 teams will be distributed during the winter season.

League Game Attendance for all U9-U14 ISC Players:

All ISC players are required to participate in a fall, winter, and spring league with their ISC teammates.

Fall Season:

Players **do not need to attend all league games** with their team in the fall season. We want players to have some flexibility to play other sports or miss some weekend games due to other activities that arise. Each player must make 3 league games in the fall season. Most players attend more than this, but 3 league games is the minimum requirement. All of our teams have a volunteer team manager. We ask that all parents on the team notify the team manager if they intend to miss a league game so that we are aware of how many players will be in attendance for each game.

Winter Season:

There are two sessions of indoor soccer that you can choose to sign up for during the winter months. You do not need to play in both sessions. All games are played indoors in a facility located north of Cedar Rapids in Hiawatha. The facility is about 35 minutes away from most places in the Iowa City area. The first session of indoor soccer usually runs in the months of November-December. The second session usually runs from January-early March. All ISC players in the age range from U9-U14 must play in at least one of these two sessions. For the session that you choose to play in, you must play in at least 3 of the games.

Spring/Summer Season:

Players **do not need to attend all league games** with their team in the spring/summer season. We want players to have some flexibility to play other sports or miss some weekend games due to other activities that arise. Each player must make 3 league games in the spring/summer season. Most players attend more than this, but 3 league games is the minimum requirement. All of our teams have a volunteer team manager. We ask that all parents on the team notify the team manager if they intend to miss a league game so that we are aware of how many players will be in attendance for each game.

Practice Attendance for all U9-U14 ISC Players:

We do not have official practice attendance rules for our U9-U14 players. While we certainly put a lot of value in practice, we don't have practice attendance rules for U9-U14 players in order to allow all of our members the flexibility to pursue other sports and activities. We provide each age group with some basic guidelines of the number of

practices that we think they should attend, but we don't mandate practice attendance at the U9-U14 age levels.

We do have a special program for ISC U11-U14 players called the "Rewards" program that offers participation at a special travel tournament to players who make a commitment to a set number of practices during the months from November through early March. This program is optional and no player is required to participate in the winter "Rewards" program.

Our Guarantee to our U9-U14 members:

As long as each player meets our minimal standards of commitment outlined above we will provide the following playing time guarantees:

League Games:

U9-U10 League Games:

10 Minutes of playing time in each half of all league games for a total of 20 minutes per game. The 10 minutes per half is played in a block of ten minutes. In other words, all U9-U10 players will play their 10 minutes of each half consecutively so as to maximize their involvement in the game. League games at this age are 44 minutes long. So all players are guaranteed at least 20 minutes of the 44 minute game.

U11-U14 League Games:

15 Minutes of playing time in each half of all league games for a total of no less than 30 minutes per game. The 15 minutes per half is played in a block of 15 minutes.

Tournament Games:

U9-U10 Tournament Games:

10 Minutes of playing time in each half of all tournament games for a total of 20 minutes per game. The 10 minutes per half is played in a block of ten minutes. In other words, all U9-U10 players will play their 10 minutes of each half consecutively so as to maximize their involvement in the game.

U11-U14 Tournament Games:

10 Minutes of playing time in each half of all tournament games for a total of no less than 20 minutes per game. This number is lower than league games for players U11-U14 because often tournament games are not as long as league games. The halves are often shortened for tournament games.

ISC Tournaments for U9-U14 Teams
Fall 2011

ISC U9-U10 Boys and Girls
Late August 2011-Super Sixes-Iowa City
Late September Heartland-Cedar Rapids

ISC U11-U12 Boys
Late August 2011-Super Sixes-Iowa City
Late September Heartland-Cedar Rapids
Mid October-Rockford, Illinois

ISC U11-U12 Girls
Late August 2011-Super Sixes-Iowa City
Late September Heartland-Cedar Rapids
Mid October-Rockford, Illinois

ISC U13-U14 Boys "A" Teams
Late August 2011-Super Sixes-Iowa City
Mid October-Rockford, Illinois
Mid November-Kansas City

ISC U13-U14 Girls' "A" Teams
Late August 2011-Super Sixes-Iowa City
Labor Day-Omaha FC
Mid October-Rockford, Illinois

ISC U13-U14 Boys "B" Teams
Late August 2011-Super Sixes-Iowa City
Late September Heartland-Cedar Rapids
Early October-Bettendorf, IA

ISC U13-U14 Girls' "B" Teams
Late August 2011-Super Sixes-Iowa City
Late September Heartland-Cedar Rapids
Early October-Bettendorf, IA